

## Booking Form

### Misa Criolla training 2020/21

Name : \_\_\_\_\_

Address : \_\_\_\_\_

Phone No. : \_\_\_\_\_

E-mail : \_\_\_\_\_

Dietary Requirements : \_\_\_\_\_

Vegetarian diet :  yes  no

Other special needs : \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### Please send the booking form to:

Álainn, Mountain Park, Carlingford, Co. Louth

Email: [alainnsm@live.ie](mailto:alainnsm@live.ie)

#### For Finances contact:

Ann Dunlevy : 087 2778671

#### For all other information:

Brenda Mahon : 083 8084350

ÁLAINN PRESENTS:

## Misa Criolla Training in Ireland

with

**Susanne Anders Bartholomai**

Gormanston, Co. Meath

17th-20th September 2020

4th-7th February 2021

The Misa Criolla is an important testament to both Spanish and Latin American musical culture. With the Misa Criolla, composer Ariel Ramirez created an entirely new way of reconciling European and traditional Latin American culture.

The Misa Criolla Training is based on the 'Art for Peace - Path of the Heart' principles, namely the realisation of an integration through movement, meditation and dance, which combines with respect for different social, cultural and religious backgrounds. We work from a place of universal spirituality and connection, which deepens the dances and meditation of movement.

SUSANNE ANDERS BARTHOLOMAI



Susanne is has a degree in psychology and is a dance teacher. She has been leading Sacred Dance groups and trainings for 25 years. Years of experience in body work and meditation supports her work. She lives in the Findhorn Community in the North of Scotland. This is her second dance training in Ireland.



SUSANNE ANDERS BARTHOLOMAI



## Misa Criolla TRAINING 2020/21

The Misa Criolla Training is offered in different countries by official Trainers. The training invites people who are interested in being open to receiving an in-depth experience of this Danced Prayer. Completion of the Training enables participants to teach the Misa Criolla in their own groups.

One of my central aims is to deepen the bodily experience of the dances and the music. Movement meditations and bodywork are used to develop centeredness, alignment and focus, as both help us to become aware of the vertical and horizontal connection in which we dance, and in which we also live. Connected in the circle as the symbol of unity, we can open ourselves to the transforming power of the spiral, and let the music guide us towards an holistic experience, an opening of body, heart and spirit.

As an official trainer I am trained by Nanni Kloke and qualified to offer Misa Criolla Trainings.

This Training is open to people with previous Dance Meditation experience.

#### VENUE:

Gormanston, Co. Meath.

#### DATES:

17th - 20th September 2020

4th - 7th February 2021

#### DANCE TRAINING FEE:

€500 for two weekends

#### WORKSHOP RESIDENTIAL:

Full accommodation - €225 for each weekend  
To be paid on arrival at the weekend.

#### PAYMENTS:

##### DEPOSIT

€100 to be paid by December 2019

##### SECOND PAYMENT:

€200 to be paid by the end of April 2020

##### FINAL PAYMENT:

€200 to be paid by the end of July 2020

Payments to be paid into Álainn's bank account quoting your name as reference:

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IBAN IE 82BOFI9013 4360 2109 58

In the case of cancellation up to 4 weeks before the course the sum of €100 will be retained to cover administrative expenses.  
In the case of later cancellation no refund will be made.